

Wildwood COED Volleyball League Rules

The purpose of Wildwood's Volleyball League is to glorify the Lord Jesus Christ and invite unsaved friends, family, and neighbors to have fun using our facilities with the prayer that they will come to know Jesus as Savior.

The following is a listing of procedures and schedules for March 12-May 28. If you have any suggestions which you believe would improve our league, please email me at: aknott@frontiernet.net. This schedule is based on the number of teams that signed up as of Feb.7, 2010. If more teams wish to sign up or disband prior to play beginning I will revise the schedule. If you signed up and are not on a team, please contact the church office. Office personnel will have a list of people to contact about joining a team.

TEAM AND TEAM PLAY

1. Please follow all FLC rules. Everyone must sign an FLC waiver.
2. You must have at least four players to start the game. Teams may play with any combination of male and female players as long as the number of men does not exceed three.
3. Since there are no Referees, the Players are responsible for calling their own net touches and the sidelines on the outer edge of the court. If there are disagreements, then it will be called a replay.
4. All games will be played on Court 1(next to FLC office). We encourage everyone to make use of Court 2 for practice and open volleyball during the evening. Fellowship with one another is strongly encouraged!

SCORING

1. The "Server" will call the score loud and clear before each serve.
2. Three games will be played each scheduled match. The **first two games are to 25 points, the last game is to 15**; all games must be won by 2 points - a cap of 30. Each team is allowed 2 time-outs per game.
3. All **games** played will count for league standing. Total games won will be used to determine standings. After each match, the winning Team Captain will register the number of games won to the scorekeeper in the FLC.
4. Team listed first on the schedule will serve first. The serve will then go to the opposite team thereafter, as well as changing sides each game.
5. Rally scoring - A team can score on any serve. A point is scored when the ball is not legally returned or when it hits the floor on the opponents half of the court.

ROTATION

1. A player may not hit the ball twice in succession.
2. A ball may be contacted no more than three times by a team before the ball is sent across the net.
3. If two or more players of the same team simultaneously contact the ball, it is considered one hit and either person may replay it. This will count as just one hit, after that any person may hit the ball over the net.
4. On the serve or a volley, a man or woman may return the ball over the net with just one contact.
5. When the ball is played more than once by a team, a female player must have one of the two contacts, or one of the three contacts. (If mutually agreed, this rule may be relaxed if less than 3 females on the court.)
6. Players must be substituted into the back row serving position.
7. Blocking is an attempt to stop the ball from coming over the net. One or more front line players may block the ball. A block is not considered a contact; so three hits still remain after an unsuccessful block. A player who blocks the ball but the ball remains on his side of the net may play the ball again immediately after his block attempt.
8. A ball shall remain in play if it contacts the ceiling or other overhead objects above your own playing area. The ball is out of play if it makes contact above the opponent's playing area or above the team's playing area and crosses the plane of the net into the opponent's court.
9. A ball hitting any side railing is ruled out of bounds.
10. Players may spike the ball after an appropriate set. You may follow through across the plane of the net, but not touch the net.
11. A ball in the net may be recovered and played from the net if the player avoids contact with the net.

ADDITIONAL RULES AND CLARIFICATIONS

1. **LEGAL SERVE** - Each serve must be put into play by hitting the ball underhand or overhand over the net into the opponent's court by a player in the serving area. **A net serve is a good serve (if the ball hits the net while going over to opponent's side)**. The player serving must not step on or over the end line until after the ball is contacted on the serve. (Foot fault: point and side out). Players must stay in serving order. Players may switch positions after service provided they return to their original positions after each point. Exception: a player from the back line may not spike the ball or block a spike within 10 feet of the net.

2. **LEGAL HIT** - A contact of the ball to be legal must be made with any part of the body. The ball may be played below the waist. A legal hit must be a "clean" hit. The ball may not be carried on the follow through.

3. **ILLEGAL HITS** - An illegal hit is: 1) slapping the ball, 2) bumping the ball with two separated hands (hands must be together), 3) carrying the ball, 4) palming the ball, 5) directing/pushing the ball.

4. **PLAYING THE BALL** -A ball may be played three times on one side providing the same player does not touch the ball twice in succession.

5. NET AND LINE PLAY

A. Players are not permitted to have any part of their body touch the net or step over the center line while the ball is in play, although stepping on the center line is permitted. **EXCEPTION:** ball hits net with such force it causes net to hit opponent, the ball is still in play.

B. A spiker may have his hand(s) or arm(s) follow through over the net as long as the ball is contacted on his own side of the net.

C. Players may reach over the net and block the ball, provided the opposing team has completed their attempt to return the ball over the net.

D. The ball is considered to have crossed the net when any part of the ball is extended over the net.

E. A player may go outside of the court to play a ball as long as the ball is contacted on that player's side of the court, and it will only be considered a legal return as long as it crosses the net and antennas within the boundaries of the court as extended.